

Order online by 9am
for delivery Friday

eZlunch MENU

Glenfield Primary School / Term 3 2020



K19 Glenfield Mall
Cnr Glenfield Road & Downing St...
Auckland 0629
09-4412430

PLAIN PETITA PITA

Free Range Chicken Petita	\$6.00
Free Farmed Ham Petita	\$6.00
Roast Beef Petita	\$6.00
Pulled Pork Petita	\$6.00
Falafel Petita	\$6.00
Garden Veggie Petita	\$5.50
Marmite Petita	\$5.50

WHOLEMEAL PETITA PITA

Wholemeal Free Range Chicken Petita	\$6.00
Wholemeal Free Farmed Ham Petita	\$6.00
Wholemeal Roast Beef Petita	\$6.00
Wholemeal Pulled Pork Petita	\$6.00
Wholemeal Falafel Petita	\$6.00
Wholemeal Garden Veggie Petita	\$5.50
Wholemeal Marmite Petita	\$5.50

GLUTEN FREE PETITA PITA

GLUTEN FREE Free Range Chicken Petita	\$7.50
GLUTEN FREE Free Farmed Ham Petita	\$7.50
GLUTEN FREE Roast Beef Petita	\$7.50
GLUTEN FREE Pulled Pork Petita	\$7.50
GLUTEN FREE Falafel Petita	\$7.50
GLUTEN FREE Garden Veggie Petita	\$7.00
GLUTEN FREE Marmite Petita	\$7.00

PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$7.00
Free Farmed Ham Petita Salad Box	\$7.00
Roast Beef Petita Salad Box	\$7.00
Pulled Pork Petita Salad Box	\$7.00
Falafel Petita Salad Box	\$7.00

SIDES

Chocolate Chip Cookie	\$2.50
Brownie Chocolate Fudge GLUTEN FREE	\$2.80
Ginger Crunch GLUTEN FREE	\$2.50
Pita Chips with Aioli Dipping Sauce (large)	\$3.90
Pita Chips with Aioli Dipping Sauce (small)	\$2.00

DRINKS

Cool Ridge Water 350ml	\$2.50
Cool Ridge Water 750ml	\$4.00
Charlies 200ml Tropical Juice	\$2.00
Charlies 200ml Apple Juice	\$2.00
Charlies 200ml Blackcurrant Juice	\$2.00

Order online... www.ezlunch.co.nz

Easily order & pay for your eZlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to www.ezlunch.co.nz.

Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

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Constellation Drive Home Zone

Mairangi Bay

09-414 2428

CAFE CORNER - MEALS

	NEW Beef Stew on Mashed Potato	\$18.20
	Beef Burger	\$15.60
	Macaroni Cheese	\$10.00
	Chicken Nuggets & Chips - Air fried	\$9.30
	Smoked Chicken Vogel Sandwich	\$8.50
	Roasted Beef Vogel Sandwich	\$8.50
	La Traditionel Baguette Sandwich	\$10.90
Mon	Beef Lasagne, Roasted Vegetables	\$15.10
Mon	Smoked Chicken Sandwich, choc caramel slice	\$15.10
Mon	Chicken Caesar Salad	\$14.90
Tue	Chicken Mushroom Filo with Roasted Pumpk...	\$15.10
Tue	Chicken Bacon Sandwich & Mini Blueber...	\$15.10
Tue	Teriyaki Chicken Salad	\$14.90
Wed	Bacon & Veg Quiche with Baked Beans	\$15.10
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$15.10
Wed	Cajun Chicken Salad	\$14.90
Thur	Salmon Frittata, Roasted Vegetables	\$15.10
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$15.10
Thur	Chicken, Bacon & Avocado Salad	\$14.90
Fri	Smoked Chicken Panini, Baked Beans	\$15.10
Fri	Bacon & Egg Sandwich, Banana Bread	\$15.10
Fri	Roasted Mushroom Salad (Vegetarian)	\$14.90

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WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Pizza cheese & ham	\$4.90
Mon	MONDAY - Pizza cheese & pineapple	\$4.90
Tue	TUESDAY - Dumplings 4pcs	\$6.50
Wed	WEDNESDAY - Baked BBQ Pork Bun	\$7.10
Thur	THURSDAY - Teriyaki chicken on rice (large)	\$8.10

WARM MAINS

T.W.Th	Red Bean Paste Pancake	\$5.10
M.T.Th	Pork & Cabbage Pancake	\$5.60
M.W	Rougamo Box	\$7.00
M.T.Th.F	BBQ Pork Bun (steamed)	\$4.70
W.F	Pork & Cabbage Bun (steamed)	\$4.70
	Fried Dumpling Combo	\$11.40
M.T.W.Th	H1 - Chicken Corn Soup w. cheesy toast	\$8.00
M.T.F	Butter chicken on rice	\$7.60
	Spaghetti bolognese	\$7.60
Wed	Japanese Beef Curry on Rice (Large)	\$8.40
M.T.W.Th	Vege fried rice (small)	\$5.50
T.W.Th.F	Toasted sandwich cheese & HAM	\$5.50
	Panini chicken & spinach	\$6.80
	Toasted sandwich CHEESE	\$4.20
	GF Toasted cheese sandwich	\$5.90
	Hot dog	\$6.10
	Beef nachos (large)	\$8.10
	Mashed potato	\$3.20
	Mince Savoury	\$2.60
	Pancake w. Orange, Pineapple and Honey	\$5.80
	Tomato sauce	\$0.50

COLD MAINS

M.T.W.Th	NEW Vietnamese Fresh Spring Rolls	\$5.50
M.T.W.Th	NEW Seaweed Inari	\$4.80
M.T.W.Th	Rice Balls and Salad	\$7.80
M.T.W.Th	Tofu Pockets and Salad	\$8.10
M.T.W.Th	Vegetable Noodle Salad (small)	\$4.70
M.T	Butter chicken wrap	\$6.10
W.Th.F	Chicken Wrap	\$6.10
M.T.W.Th	Vogel sandwich - Chicken	\$5.30
M.T.W.Th	Vogel sandwich - Vegetable	\$5.30
M.T	Egg mayo sandwich	\$4.40
W.Th	Ham, Egg & Mayo Sandwich	\$5.00
	Chicken Sandwich	\$5.00

SUSHI

	Sushi Chicken (5 pieces)	\$7.80
	Sushi Chicken (3 pieces)	\$4.30
	Sushi Chicken & Avocado (5 pieces)	\$7.80
M.T.W.Th	Sushi Chicken & Avocado (3 pieces)	\$4.40
Tue	Tofu Pockets & Salad	\$8.10
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$7.80
	Sushi Smoked Salmon & Avocado (5 pieces)	\$8.30
Tue	Rice Balls & Salad	\$7.80
M.T.W.Th	Sushi Smoked Salmon & Avocado (3pieces)	\$4.80
	Sushi Vegetarian (5 pieces)	\$7.80
	Sushi Cream Cheese & Pineapple (5 pieces)	\$8.10

SNACKS & DESSERTS

W.Th.F	NEW Apricot & Coconut Yum Yum Balls	\$3.60
W.Th.F	NEW Banana & Chocolate Yum Yum Balls	\$3.60
W.Th.F	NEW Cranberry & Coconut Yum Yum Balls	\$3.60
W.Th.F	NEW Apple & Cinnamon Muesli Bar	\$4.50
M.T.W.Th	NEW After School Combo 1	\$8.50
M.T.W.Th	NEW After School Combo 2	\$9.50
	Popcorn	\$1.50
	Brownie - Chocolate	\$3.60
	Chocolate muffin	\$2.60
	Cookie (chocolate chip)	\$2.30
	Yoghurt	\$3.20
	Fresh fruit salad	\$5.50
T.W.Th	Carrot sticks	\$2.20
T.W.Th	Grapes - fresh & washed	\$2.80
T.W.Th	Pineapple - Sliced	\$2.80
M.T.W.Th	Sweet Seaweed	\$2.60
	Organic Seaweed - 2g Snack Pack	\$1.90

DRINKS

	Chocolate Milk - WDOM Lactose Free 250ml	\$4.50
M.T.W.Th	Milk - WDOM Full Cream Milk 250ml	\$3.50
	Water - Onepure 320ml	\$3.20
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.70
Mon	Aqa Lite sparkling water 350ml - Apple	\$2.70
Wed	Aqa Lite sparkling water 350ml - Grape	\$2.70
Thur	Aqa Lite sparkling water 350ml - Peach	\$2.70
Fri	Aqa Lite sparkling water 350ml - Lemonade	\$2.70
M.T	Charlie's Juice - Tropical 200ml	\$3.20
W.Th.F	Charlie's Juice - Apple 200ml	\$3.20

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