

Order online by 9am
for delivery every day

eZlunch MENU

Glenfield Primary School / Term 2 2019



Constellation Drive Home Zone
Mairangi Bay
09-414 2428

WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 4pcs	\$6.20
Tue	TUESDAY - Pizza cheese & ham	\$4.70
Tue	TUESDAY - Pizza cheese & pineapple	\$4.70
Wed	WEDNESDAY - Teriyaki chicken on rice (large)	\$7.70
Thur	THURSDAY - Baked BBQ Pork Bun	\$6.80

WARM MAINS

T.W.F	NEW BBQ Pork Bun (steamed)	\$4.50
M.W	H1 - Chicken Corn Soup w. cheesy toast	\$7.60
T.W.Th	NEW Red Bean Paste Bun (steamed)	\$4.50
M.F	NEW Vegetarian Bun (steamed)	\$4.50
M.T.F	NEW Chinese Style Noodle Salad Combo	\$10.90
M.Th	NEW Pork & Cabbage Bun (steamed)	\$4.50
W.Th	NEW Fried Dumpling Combo	\$10.90
T.Th.F	Butter chicken on rice	\$7.20
W.Th.F	Spaghetti bolognaise	\$7.20
T.Th	Vege fried rice (small)	\$5.20
M.W.Th.F	Toasted sandwich cheese & HAM	\$5.20
	Panini chicken & spinach	\$6.50
	Toasted sandwich CHEESE	\$4.00
	Hot dog	\$5.80
	GF Toasted cheese sandwich	\$5.60
	Beef nachos (large)	\$7.50
	Pancake w. Orange, Pineapple and Honey	\$5.50
	Mashed potato	\$3.00
	Mince Savoury	\$2.50
Mon	Japanese Beef Curry on Rice (Large)	\$8.00

COLD MAINS

Th.F	Butter chicken wrap	\$5.80
M.T.W.Th	Vogel sandwich - Chicken	\$5.00
M.T.W.Th	Vogel sandwich - Vegetable	\$5.00
M.T	Egg mayo sandwich	\$4.20
W.Th	Ham, Egg & Mayo Sandwich	\$4.80
	Chicken Sandwich	\$4.80
M.T.W	Chicken Wrap	\$5.80
Mon	NEW Vegetable Noodle Salad	\$4.50

SUSHI

M.T.W.Th	NEW Rice Balls & Salad	\$7.50
M.T.W.Th	NEW Tofu pockets & Salad	\$7.80
	Sushi Chicken (5 pieces)	\$7.30
	Sushi Chicken & Avocado (5 pieces)	\$7.30
	Sushi Smoked Salmon & Avocado (5 pieces)	\$7.80
	Sushi Tuna & Fancy Lettuce (5 pieces)	\$7.30
	Sushi Vegetarian (5 pieces)	\$7.30
	Sushi Chicken (3pieces)	\$4.10
M.T.W.Th	Sushi Smoked Salmon & Avocado (3 pieces)	\$4.60
	Sushi Cream Cheese & Pineapple (5 pieces)	\$7.50
M.T.W.Th	Chicken & Avocado Sushi (3 pieces)	\$4.20

SNACKS & DESSERTS

W.Th.F	Popcorn	\$1.40
	Brownie - Chocolate	\$3.50
	Chocolate muffin	\$2.50
	Cookie (chocolate chip)	\$2.20
	Yoghurt	\$3.00
	Fresh fruit salad	\$5.00
	Tomato Sauce	\$0.50
T.W.Th	Carrot sticks	\$2.00
T.W.Th	Grapes - fresh & washed	\$2.60
T.W.Th	Pineapple - Sliced	\$2.60
M.T.W.Th	Sweet Seaweed	\$2.50
	Organic Seaweed - 2g Snack Pack	\$1.80

DRINKS

	Milk 250ml	\$3.50
M.T.W.Th	NEW Chocolate Milk	\$4.50
	Water - Onepure 320ml	\$3.00
Tue	Aqa Lite sparkling water 350ml - Mango	\$2.60
Mon	Aqa Lite sparkling water 350ml - Apple	\$2.60
Wed	Aqa Lite sparkling water 350ml - Grape	\$2.60
Thur	Aqa Lite sparkling water 350ml - Peach	\$2.60
Fri	Aqa Lite sparkling water 350ml - Lemonade	\$2.60
M.T	Charlie's Juice - Tropical 200ml	\$3.00
W.Th.F	Charlie's Juice - Apple 200ml	\$3.00

Order online... www.ezlunch.co.nz

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09-414 2428

TEACHERS' CORNER - MEALS

Mon	Beef Lasagne, Roasted Vegetables	\$15.00
Mon	Smoked Chicken Sandwich, choc caramel slice	\$13.50
Mon	Chicken Caesar Salad	\$12.90
Tue	Filo with Roasted Pumpkin & Kumara	\$15.00
Tue	Chicken Sandwich & Mini Blueberry Muffin	\$13.50
Tue	Teriyaki Chicken Salad	\$12.90
Wed	Bacon & Veg Quiche with Baked Beans	\$15.00
Wed	Roasted Beef Sandwich, Mini Raspberry Muffin	\$13.50
Wed	Cajun Chicken Salad	\$12.90
Thur	Salmon Frittata, Roasted Vegetables	\$15.00
Thur	Chicken Sandwich, Mini Chocolate Muffin	\$13.50
Thur	Mediterranean Tuna Salad	\$12.90
Fri	Smoked Chicken Panini, Baked Beans	\$15.00
Fri	Bacon Panini, Baked Beans	\$15.00
Fri	Bacon & Egg Sandwich, Banana Bread	\$13.50
Fri	Roasted Mushroom Salad (Vegetarian)	\$12.00

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K19 Glenfield Mall
Cnr Glenfield Road & Downing St...
Auckland 0629
09-4412430

PLAIN PETITA PITA

Free Range Chicken Petita	\$6.00
Free Farmed Ham Petita	\$6.00
Roast Beef Petita	\$6.00
Pulled Pork Petita	\$6.00
Falafel Petita	\$6.00
Garden Veggie Petita	\$5.50
Marmite Petita	\$5.50

WHOLEMEAL PETITA PITA

Wholemeal Free Range Chicken Petita	\$6.00
Wholemeal Free Farmed Ham Petita	\$6.00
Wholemeal Roast Beef Petita	\$6.00
Wholemeal Pulled Pork Petita	\$6.00
Wholemeal Falafel Petita	\$6.00
Wholemeal Garden Veggie Petita	\$5.50
Wholemeal Marmite Petita	\$5.50

GLUTEN FREE PETITA PITA

GLUTEN FREE Free Range Chicken Petita	\$7.50
GLUTEN FREE Free Farmed Ham Petita	\$7.50
GLUTEN FREE Roast Beef Petita	\$7.50
GLUTEN FREE Pulled Pork Petita	\$7.50
GLUTEN FREE Falafel Petita	\$7.50
GLUTEN FREE Garden Veggie Petita	\$7.00
GLUTEN FREE Marmite Petita	\$7.00

PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$7.00
Free Farmed Ham Petita Salad Box	\$7.00
Roast Beef Petita Salad Box	\$7.00
Pulled Pork Petita Salad Box	\$7.00
Falafel Petita Salad Box	\$7.00

SIDES

Chocolate Chip Cookie	\$2.50
Brownie Chocolate Fudge GLUTEN FREE	\$2.80
Ginger Crunch GLUTEN FREE	\$2.50
Pita Chips with Aioli Dipping Sauce (large)	\$3.90
Pita Chips with Aioli Dipping Sauce (small)	\$2.00

DRINKS

Charlies 600ml Spring Water	\$2.00
Charlies 200ml Tropical Juice	\$2.00
Charlies 200ml Apple Juice	\$2.00
Charlies 200ml Blackcurrant Juice	\$2.00

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